

March 16, 2009

**This Week's Program**  
*Colon Cancer Screening – Warren Larson*  
**Next Week's Program**  
*Eric Thorsgard*

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**IMPORTANT DATES TO REMEMBER**

**“Discover the Magic” – District 5580 Conference**  
– Minot, ND - April 23-26, 2009

**Rotary International Convention –**  
**Birmingham, England - June 21-24, 2009**

**UPCOMING MAR/APR PROGRAMS**

Mar 30	Classification Talk
Apr 6	Hope House
Apr 13	Waterfront Project – Scott Turn
Apr 20	LARA – Chris Keenan
Apr 27	Classification Talk

**SYMPATHY**

Condolences go to the family of Ralph Zachman, who died March 11<sup>th</sup>. Ralph will be remembered as a wonderful husband, father, veteran, citizen of Bemidji, and Rotarian. He was a president of Bemidji Rotary 1984-85.

Visitation will be held from 4-7 pm Friday, March 20<sup>th</sup> with memory sharing starting at 6 pm at the Cease Funeral Home. The memorial service will be held at 10:30 am Saturday, March 21<sup>st</sup> at St Philip's Catholic Church.

**VISITING ROTARIAN**

Roger Muth – Bemidji Sunrise

**DISTRICT 5580 CONFERENCE**

A block of rooms has been reserved under Bemidji Noon Rotary for the 5580 District Conference. The reservations are for April 22 - April 26 so if you plan to attend, you need to reserve the dates you are interested in before April 8th. The phone number for the Holiday Inn Conference Center is 1-800-468-9968. If you need any further information, contact **Amy Saeland**.

**CLUB SINGING**

Harry Ruggles was the fifth man to join Paul Harris in the conversations that led to the formation of the first Rotary club in Chicago in 1905. Harry was a fellow who enjoyed singing, and this was a popular activity at the turn of the century. At an early

meeting of the fledgling group, Harry jumped on a chair and urged everyone to join him in a song.

Group singing soon became a traditional part of each Rotary meeting. The custom spread to many of the clubs in the United States and is still a popular fellowship activity in the Rotary meetings of such diverse countries as Australia, Japan, Nigeria, New Zealand and Canada. Some clubs sing a national song as the formal opening of the meeting. Social singing, however, is seldom found in the Rotary clubs in Europe, South America and Asia.

**ROTARY AROUND THE WORLD**

*The Netherlands.* Six Rotary Foundation Ambassadorial Scholars studying in the Netherlands organized an international conference to inspire young people to get involved in issues such as pediatric health care, Rotary's World Community Service program, and sustainable architecture. More than 100 university students, Rotarians, and Foundation educational program alumni attend the April event at Leiden University. Five Dutch Rotary clubs, as well as districts 1590 and 1600 provided financial support.

*Panama.* Rotarians in Sylvia, N.C., USA, teamed up with young people in their community to conduct a service project in Boquette, Panama. Interactors, college students, and local church members spent their spring break providing medical screenings and repairing and painting schools. Team members stayed in the homes of the members of the Rotary Club of Boquette during the 10-day project.

**FOUR WAYS AND MORE**

Rotary's 4-Way Test exemplifies an open hearted, compassionate spirit. Here are a few other tips to keep in mind:

*BE GENEROUS.* Do more than your share, and volunteer in your community.

*BE EXPRESSIVE.* Smile at others, and show your appreciation for them.

*BE RESPONSIVE.* Promptly answer messages, and send thank you notes.

*BE INCLUSIVE.* Invite that newcomer to lunch, and draw in the shy person.

*BE CONSIDERATE.* Arrive on time, and let people talk without interrupting them.

From “Kindness Dividend”, The January, 2009 Rotarian