



Club No. 3790

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BEMIDJI, MINNESOTA

December 19, 2005

THIS WEEK'S PROGRAM

Mn DNR – Paul Telander

NEXT WEEK'S PROGRAM

No Meetings – December 25 & January 2 – Next Meeting – January 9

Important Dates to Remember

June 11 – 14, 2006 – *Rotary International Convention*, Copenhagen, Denmark and Malmo, Sweden

February 17 – 18, 2006 – *International Goodwill Meeting*, Fort Garry Hotel, Winnipeg

April 27 – 30, 2006 – *District 5580 Conference*, Williston, North Dakota

Coming in January

January 9 – *Fostering Plans for Bemidji Events Center* – Dave Hengel

January 16 – *Center for Advanced & Emerging Technology* – Dr. Elaine Hoffman

January 23 – *The Many Sounds of the Trumpet* – Dr. Del Lyren

January 30 – *Classification Talk*

Walk to Williston

We'll soon be able to sign up for the "Walk to Williston". Here's how it works: For \$10, you will be supplied with a pedometer that will record the number of miles you walk inside or outside. The goal is to walk the distance between Bemidji and Williston, North Dakota (to be announced) where the District 5580 Conference will be held on April 27-30, 2006. The \$10 donation will include a contribution to a District Project. We may even have a treadmill at upcoming meetings, so we can get in some mileage before lunch. Details on this project are being worked out. Check with Nancy Smith.

Here's another testimonial from Linda Nicol, Nipigon Club:

Are we there yet?! It is 835 long miles from Nipigon, Ontario, Canada to Williston, North Dakota, USA. Two members of Nipigon Rotary Club 5580, Jerry Larson and Wanda Chase, have completed the walk and are heading for the west coast, at least on paper.

The idea for this virtual trek originated at the district conference in Thunder Bay. The goal was to find a way to improve the health and wellness of all our members. We decided to walk around the world, 24,902 miles, with a stop first at the next district conference in Williston. We measure our distances by wearing pedometers and add up the walking, running, treadmill, and biking miles. Everyone works at their own level of fitness and health. We compete with only ourselves, give ourselves bonuses and fines at our own discretion and ultimately have a goal to donate towards a boxcar of lentils in Williston or to the Paul Harris Foundation. Some choose to donate on a regular basis and others will complete their donations at the conference. To date, we have received \$1500 in donations, walked as a group a total of 8,867 miles, look good, and are greatly anticipating seeing everyone in Williston in April 2006. Join us, for the health of it.

District 5580 Attendance–September 2005

<u>Selected Clubs</u>	<u>Members</u>	<u>Attendance %</u>
Bagley	30	65.0
BEMIDJI	124	68.8
BEMIDJI SUNRISE	18	65.3
Bismarck	92	46.3
Bowman	33	70.0
Brainerd	132	67.6
Cloquet	42	72.9
Crookston	34	57.0
Detroit Lakes Noon	98	87.7
Devil's Lake	64	62.0
Dickinson	97	53.0
Duluth	279	80.1
Fargo Noon	77	43.6
Fergus Falls Noon	63	60.2
Fosston	22	62.0
Grand Forks Noon	58	35.0
Grand Rapids	30	62.0
Minot Noon	107	73.2
Moorhead	86	55.0
Park Rapids	43	53.0
Thief River Falls	40	48.0
Walker	78	61.9
Williston	50	70.0

Merry Christmas & a Peace-filled New Year to all!